

LOAMS Wellness Circuit

Exclusive Wellness Day Retreat FREE Gift Access Pass Card

You're Invited to a Wellness Day in Downtown

As a LOAMS resident / Member, enjoy exclusive access to a curated retreat designed to help you pause, reconnect, and recharge in the heart of Dubai.

Your FREE One-day Retreat Includes:

- Restorative or Power Yoga Flow
- Poolside Relaxation
- Wellness Smoothie Bar & Light Bites
- CrossFit-Style Functional Movement Session
- Sound Bowl Meditation + Guided Breathwork
- Tree Planting Ceremony
- Special Giveaways & Resident Circle Moment

Date: 14 June 2025, Saturday

Time: 9:30 AM – 4:30 PM

**Access: This gift card admits one
LOAMS resident / Member**

• Pre-booking is MUST !

LOAMS
Managing luxury



📍 LyS Yoga Wellness Lifestyle , Swissotel
Al Murooj Downtown Dubai
058 805 0583

How to Use This Gift Card:
WhatsApp " LOAMS Wellness day " to 058 805 0583
Bring this card on the day of the retreat (digital)
Come as you are – everything else is taken care of !